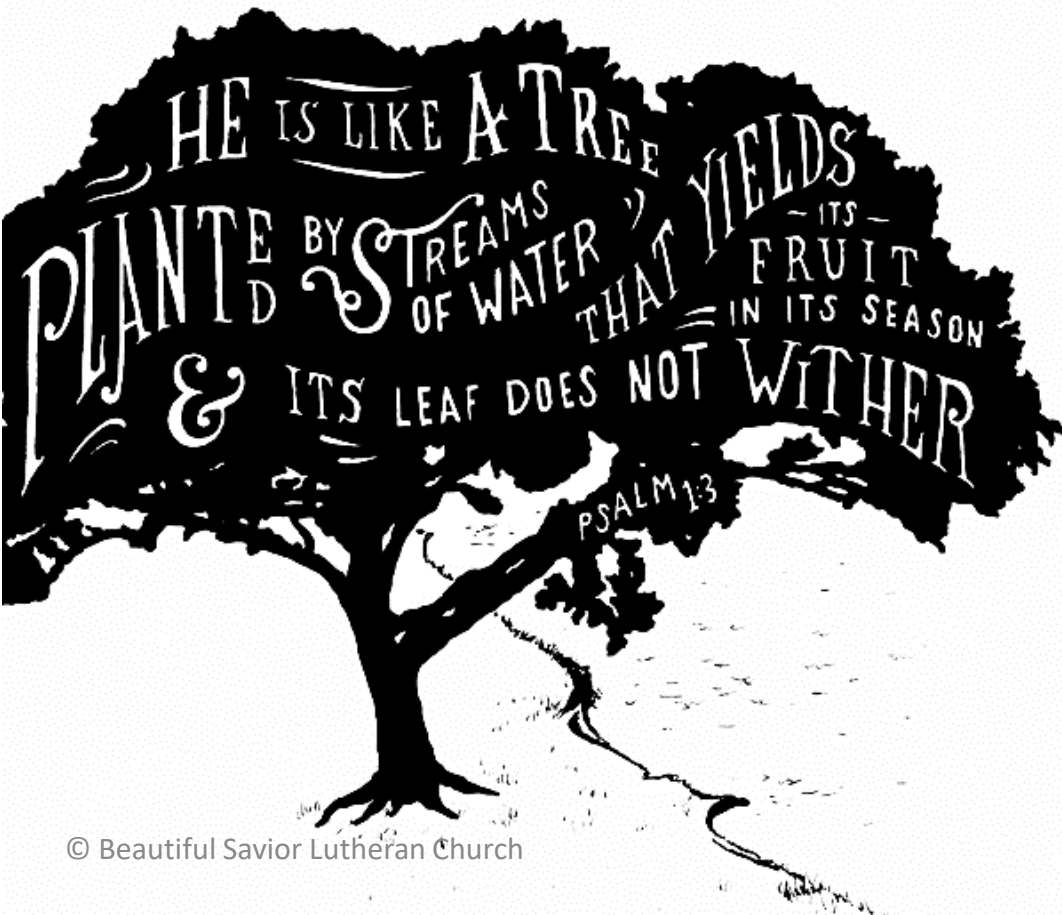




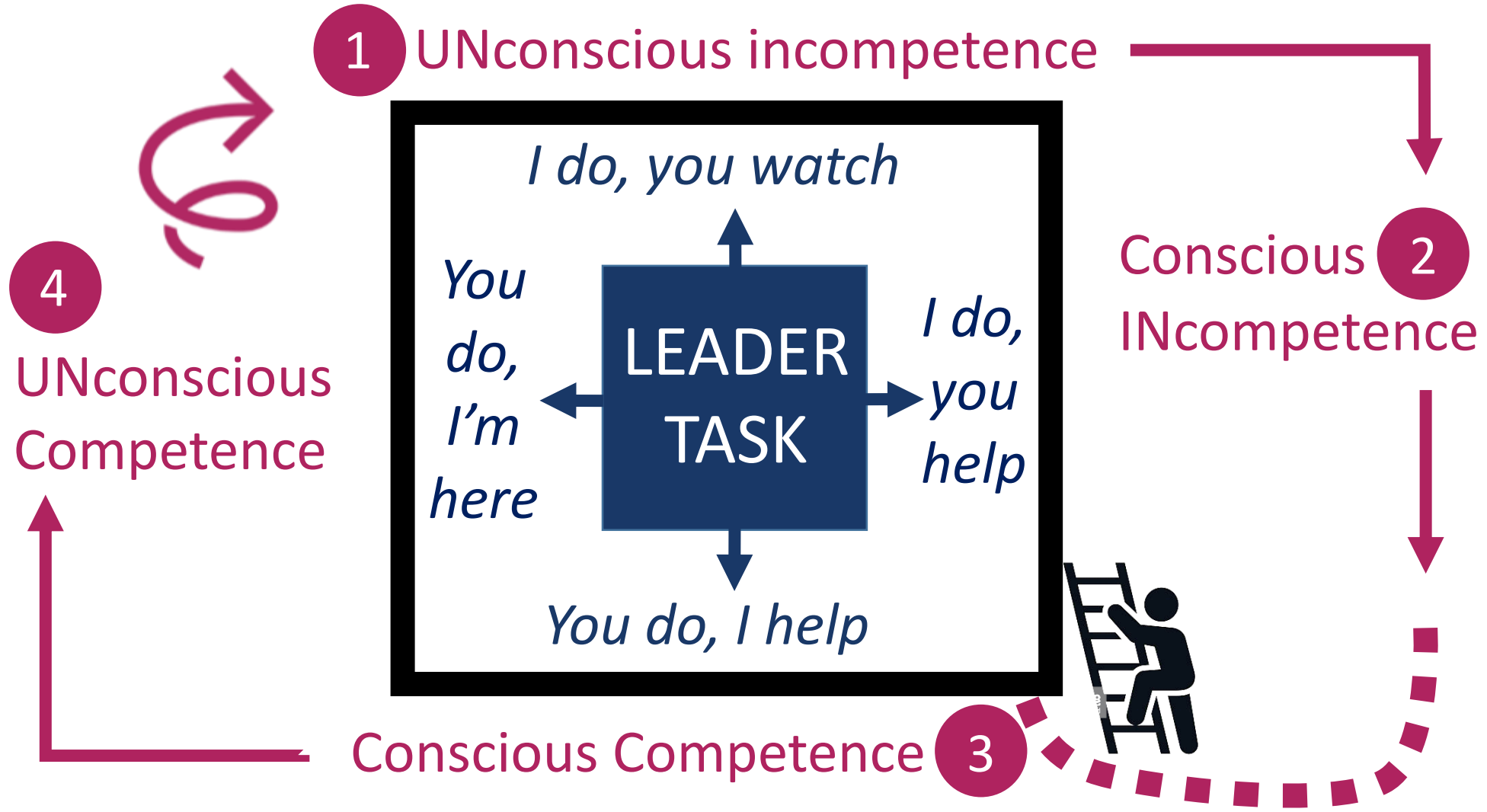
Foundations *for*
Following Jesus Deeper

Focus on UP: Our relationship with God



Timing	Activity
10:30 – 10:40	Welcome back, open with prayer
10:40-11:00	Review “The Disciple’s Journey”
11:00-11:10	Jeremiah 17 (<i>Anna</i>)
11:10-11:20	Obedience grounded in Identity Life worth imitating (<i>Kathy</i>)
11:20-11:30	Work from Rest His story (<i>Melony</i>)
11:30-11:45	Kairos Practice (<i>Anna</i>)
11:45-12	Trust- 4 cores (<i>Steve</i>)
HOMEWORK	Use link to take DISC assessment and bring back results and thoughts.

The Disciple's Journey



The Disciple's Journey



Share in pairs or triads at your table:

- 1) A time in your life you have journeyed around the leadership square yourself. (This good be a grand learning or something quite simple).
- 2) A place you could see utilizing this process in your life with others.

Jeremiah 17:5-6



*The one who draws strength from mere flesh—
“A bush in the wastelands”*



*The one whose confidence is in the Lord—
“A tree planted by the water.”* ⁵

Jeremiah 17:5-6



Cursed is the one who trusts in man,
who draws strength from mere flesh
and whose heart turns away from the LORD.

That person will be like a bush in the wastelands;

They will not see prosperity when it comes.

They will dwell in the parched places of the desert
in a salt land where no one lives.



Jeremiah 17:7-8



But blessed is the one who trusts in the LORD
whose confidence is in him.

They will be like a tree planted by the water
that sends out its roots by the stream.

It does not fear when heat comes;
its leaves are always green.

It has no worries in a year of drought
and never fails to bear fruit.



Identity in Christ



Please open your Bibles to Matthew 3:13-17.
This is Chris Moix, a teaching pastor at New City Church in Kansas. He is going to be teaching on Matthew 3:13-17 and how it speaks to our identity in Christ.

Now watch the video: [Identity Triangle](#)

Rhythm of working FROM rest



This is Kristen Dooley who leads the discipleship ministry at Anthem House Church in Ohio. She is reading from John 15 showing how Jesus was balanced in his work and rest. He worked from a place of being rested instead of resting from being exhausted from work.

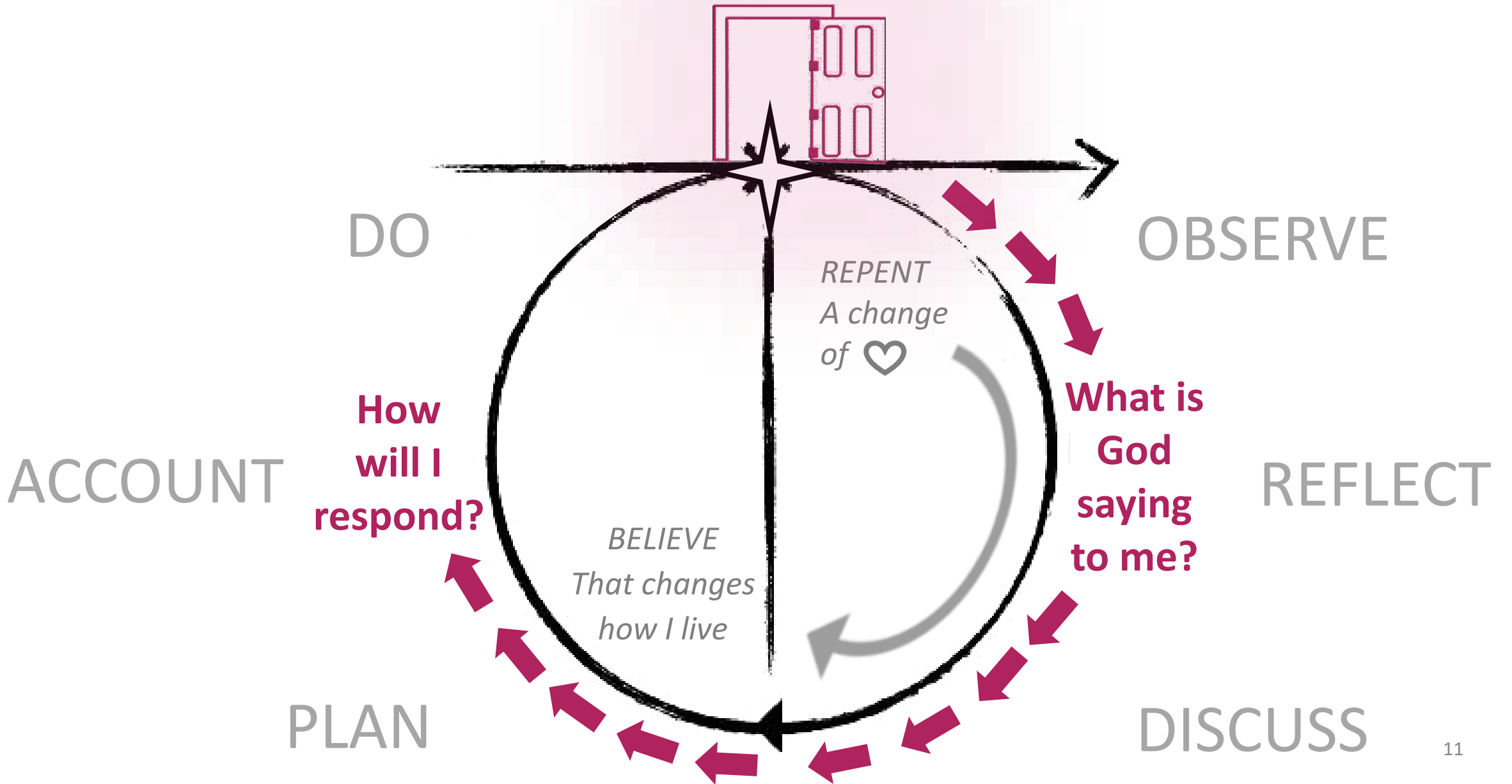
Now watch the video: [Semi Circle](#)

Choosing to learn from life



How can we learn from life? We can use the Kairos or Learning Circle as a meaningful tool to allow God to walk us through a moment in time when a door is opened for growing. These are the moments when we pause life to let Jesus teach, change and renew us.

Now watch the video: [The Learning Circle](#)



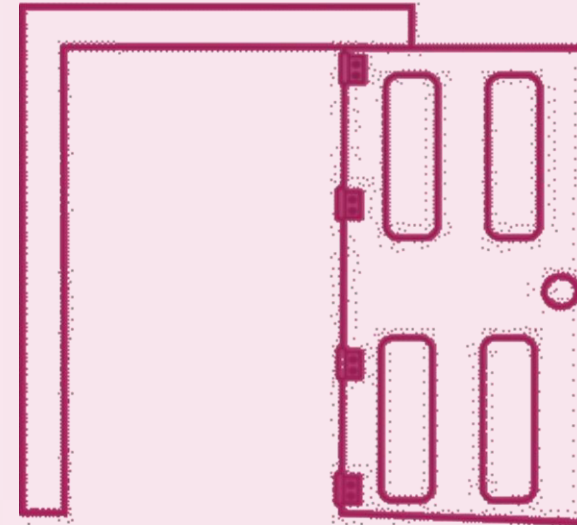
Choosing to learn from life: Open the door



What emotion is stirring within you?

What truth or learning is stirring within you?

Or to WHOM is He calling your attention.





Four Cores of Credibility



Integrity

Are You Congruent?

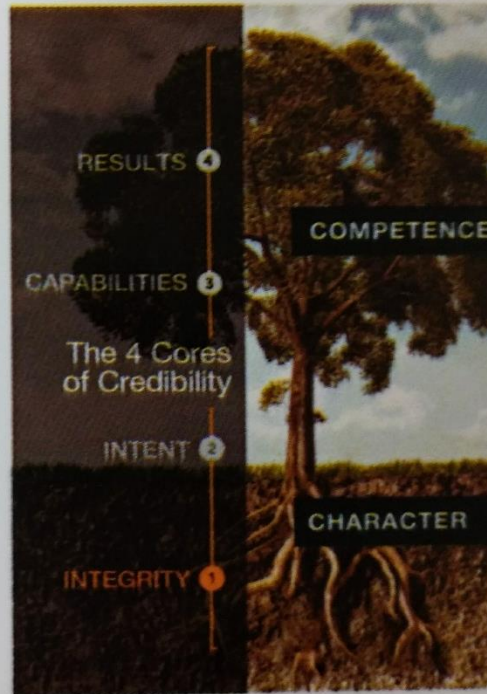
1

Integrity is deep honesty and truthfulness. It is who we really are. It includes congruence, humility, and courage.

Congruence. To live in harmony with your deepest values and beliefs. You walk your talk.

Humility. To stand firmly for principles, especially in the face of opposition. You are more concerned with what is right than with being right.

Courage. To act according to principles. You do the right thing—especially when it's hard to do.



Integrity Accelerators

Increasing Your Integrity

- 1. Make and Keep Commitments to Yourself.**
Treat commitments to yourself as you would treat commitments to other important people in your life. Make, keep, repeat.
- 2. Stand for Something.**
Write a mission statement or personal credo—an expression of what you stand for. Then live by it.
- 3. Be Open.**
Exercise humility. Challenge the way you see the world: Are your own viewpoints totally accurate and complete? Do you seriously consider other viewpoints?

Intent

What's Your Agenda?

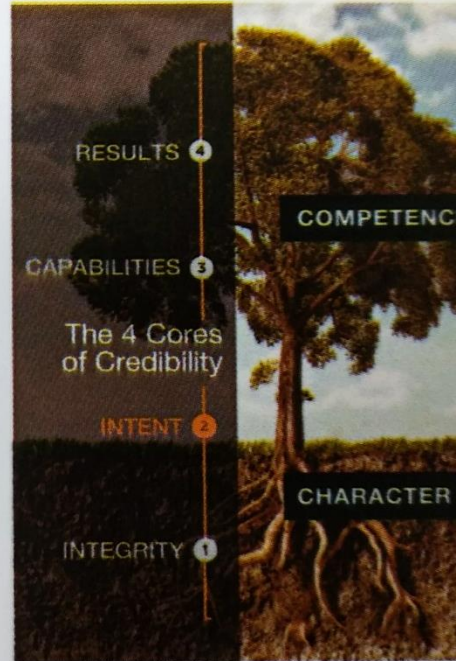
2

Intent is your fundamental motive or agenda and the behavior that follows.

Motive. The motive that inspires the greatest trust is genuine *caring*—about people, your values, the quality of what you do.

Agenda. The agenda that inspires the greatest trust is *seeking mutual benefit*—genuinely wanting what's best for everyone involved.

Behavior. The behavior that best creates credibility is *acting in the best interests* of everyone.



Intent Accelerators

Improving Your Intent

- 1. Examine Your Motives.**
Ask yourself the “five whys.” Once you get close to your real intent, ask yourself: “Am I motivated only by self-interest or by the interests of all?”
- 2. Choose Abundance.**
Ask yourself: “Do I believe there are enough rewards, credit, recognition, and benefits for everyone’s interests to be served?”
- 3. Declare Your Intent.**
Choose the intent that will serve everyone best, including yourself. State it, signal it, clarify it, and discuss it—especially when your intent is unclear. Share the “why” behind the “what” wherever possible.

Results

What's Your Track Record?

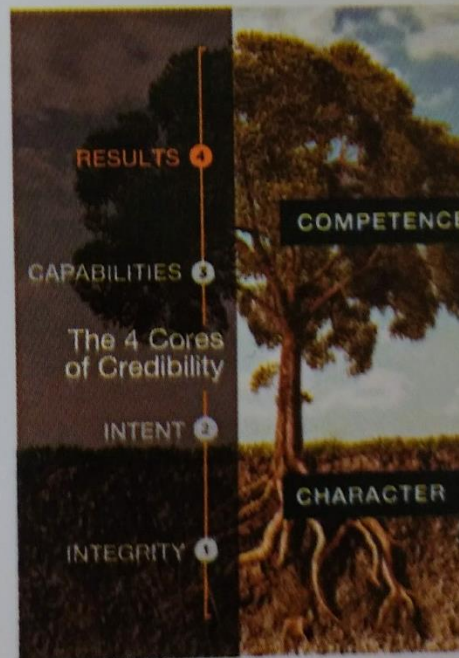
4

Results matter! They matter enormously to your credibility. People evaluate your results/performance on three key indicators: past performance, current performance, and anticipated performance.

Past Performance. Your reputation and track record for delivering results, not just activities.

Current Performance. Producing results now, not resting on past performance.

Anticipated Performance. How people project you will perform in the future based on past and current results.



Results Accelerators

Improving Your Results

1. **Take Responsibility for Results.**
Adopt a “results” mindset rather than an “activity” mindset. Ask yourself: “Will what I’m doing now lead to the results I want, or am I just staying busy?”
2. **Expect to Win.**
Openly express confidence in yourself and others. Clearly define what winning consists of. Create an emotional climate of high expectations.
3. **Finish Strong.**
Drop out of the “culture of quitting” and the “victim mentality.” Stay strong at the end when everything’s on the line.

Capabilities

Are You Relevant?

3

Capable people and organizations inspire confidence. Capability is our capacity to achieve results and includes our talents, attitudes, skills, knowledge, and style.

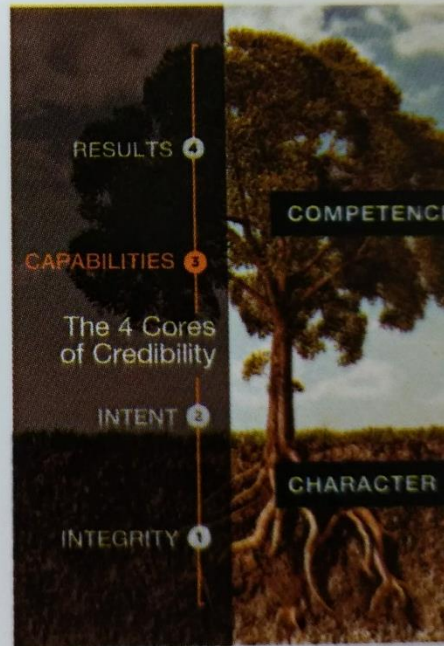
Talents. What are my unique, native strengths?

Attitudes. Do I approach work with energy and the determination to contribute?

Skills. Do I continuously upgrade my skills?

Knowledge. What am I doing to stay current and keep learning?

Style. Does my style of doing things get in the way or ease the path?



Capabilities Accelerators

Building Your Capabilities

1. **Run With Your Strengths.**
Feed your strengths. What are they?
Where are your natural talents?
What can you do best? Starve your weaknesses by teaming with others who are strong where you're weak.
2. **Keep Yourself Relevant.**
Match your strengths to opportunities.
Where can you make a unique, high-value contribution?
3. **Know Where You're Going.**
Specify your distinctive contribution and keep the vision of it before you from now on.

Next Steps



- Next session, “IN” will be next Sunday (Jan 21) from 10:30am-12pm
- Before then, please:
 - Take the DISC assessment at the link below (or in the email)
 - <https://institutesuccess.com/assessment/disc/>